

# A.P.E.K

## Advanced Personal Escape Kit



Designed by *SwakEDr* the APEK is a wearable escape kit that provides various tools at your disposal for escaping handcuffs and non-metallic restraints. You can wear it around your wrist or ankle (instructions to follow). The breakaway design (shim inside silicone tube) also allows for the device to be worn around the neck for concealed carry.

For effective use you should become familiar with the function and operation of the tools and your physical limitations when restrained.

For safety training should be best done in pairs should you find yourself in difficulty and require emergency release!

**Always have an escape plan...**

**Find it hard to reach the key hole or turn the key?**

*With the Advanced Handcuff Key\* installed inside the silicone tube you gain 2 inches making it easier to reach the key hole and insert the key. The silicone tube also assists with turning the key. If required the key can be removed, simply pull and twist. The key is black anodised aluminium.*

**Position of the handcuffs making it difficult/impossible to access the key hole with a key?**

*Try shimming (single locked handcuffs). As you insert the shim try cinching the handcuffs slightly as this will help the shim slide between the ratchet and pawl. You can also use the 7mm split ring attached to assist with positioning and operating the shim.*



### Restrained with cord, rope, tape, cable ties?

*With no blade/cutting edge available a friction saw can be used in this situation. The APEK comes with 4ft of Technora 410 that is capable of cutting through non-metallic (rope, zip/cable ties, tape etc.) restraints using friction.*

- *Place cord over the lower part of the restraint (the slim shim provides some weight to the cord allowing it to drop between the restraint and wrists).*
- *Loop each end over feet/shoes.*
- *Start of slow and then build up speed to generate heat via friction. The T410 will burn through non- metallic restraints (cord, rope, tape, cable ties).*

FRICITION SAW TECHNIQUE VIDEO DEMO - <http://youtu.be/WQg8rQyfovI>



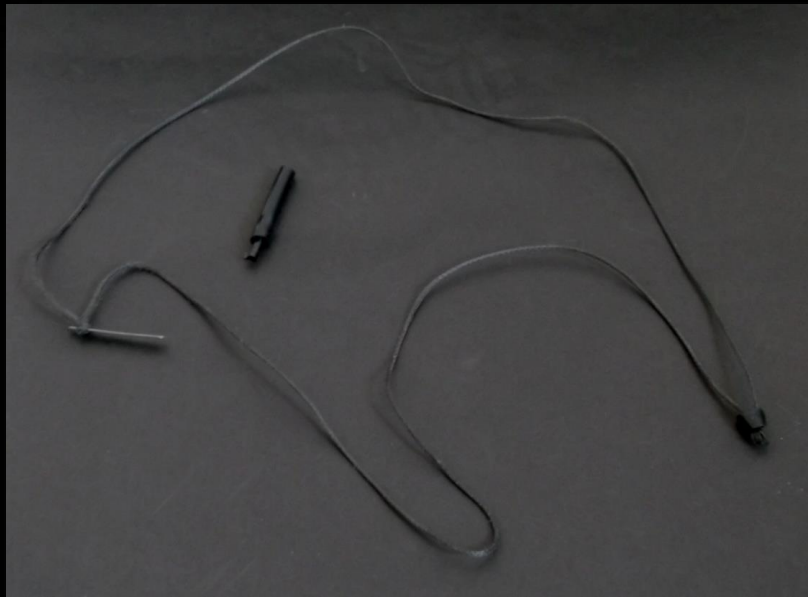
### Restrained with Darby (Pakistani) Handcuffs?

Using an advanced technique developed by SnakeDr it is possible to open some models using the T410 cord. This method will sacrifice the cord.

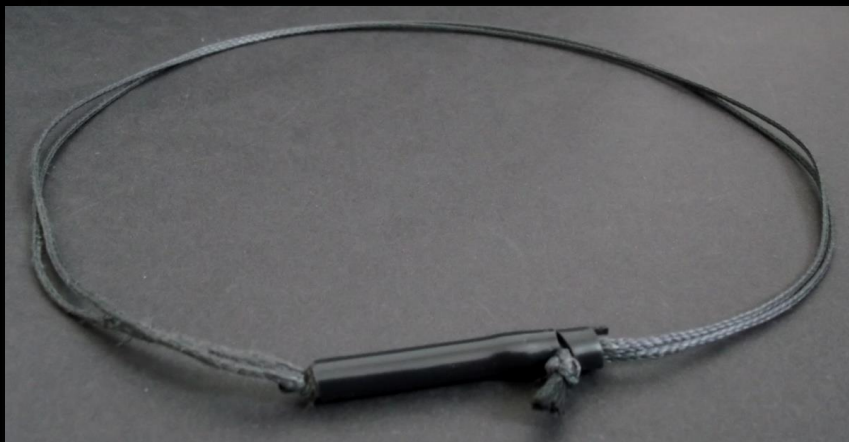
Using the T410 cord make a loop and then place around the internal thread. With the slim shim push the cord down and then pull to tighten the cord so it grabs the internal thread. Continue to pull hard on the cord to release the handcuffs.

Please note: This method works with Darby handcuffs that require a female key.

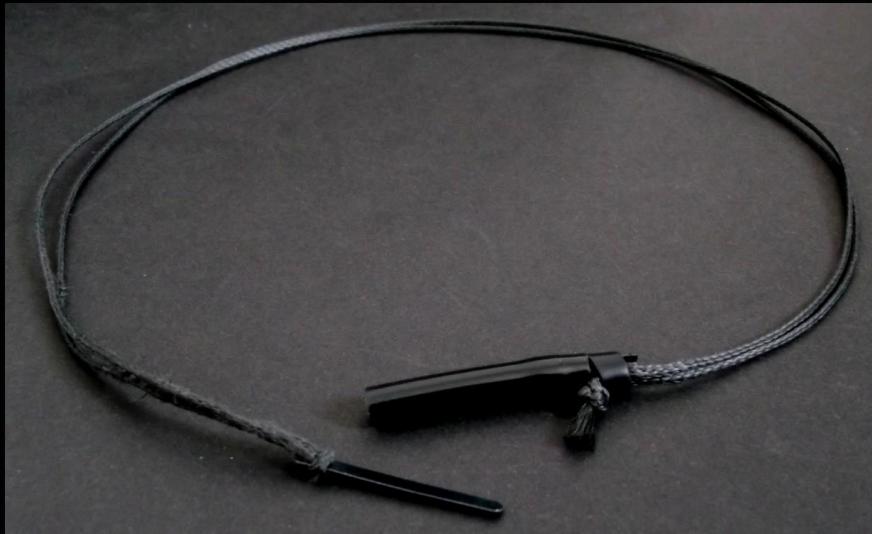
ESCAPE FROM DARBY HANDCUFFS - <http://www.youtube.com/watch?v=cIPpFaGydbI>



T410 ready for use as a friction saw.



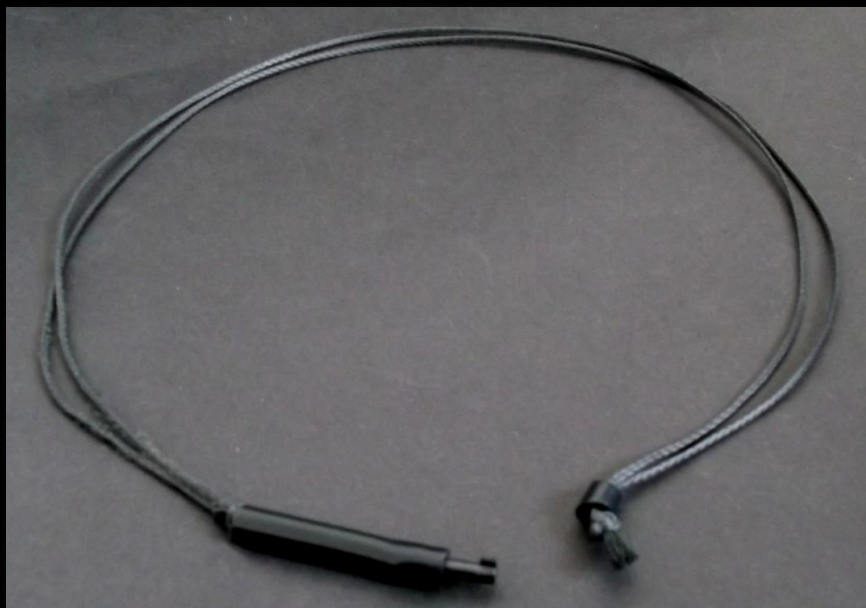
Can be worn around neck, wrist and ankle or attached to clothing.



Slim Shim (spring metal) for single locked handcuffs. Slides inside silicone tube and doubles as break away retainer for neck carry.



Advanced Handcuff Key developed and designed by SnakeDr to work on handcuffs with additional security features (shown here without silicone tube). Small size allows for easy concealment.



Advanced Handcuff Key installed inside silicone tube to allow for extended reach.



APEK shown with Photon Freedom Micro Flashlight (not included).

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APEK available worldwide - anywhere via [OscarDelta SPD](#)